- NAME OF THE MEET: 2020 New York City Championship and Open
- DATE: January 26, 2020
- VENUE: Crow Hill CrossFit, 1010 Dean Street, Brooklyn, NY
- MEET DIRECTOR: Kurt Roderick
- COMP SECRETARY: Kurt Roderick
- NUMBER OF ATHLETES: 27 Women, 28 Men
- SESSION BREAKDOWN:
 - Session 1: Women (45kg 64kg): 15 Llfters
 - SESSION TIME: 9:30 AM 11:55 AM
 - Session 2: Men (55kg 89B kg: 12 Lifters
 - SESSION TIME: 12:05 PM 2:20 PM
 - Session 3: Women (71kg 87kg+): 14 Lifters
 - SESSION TIME: 2:30 PM 5:05 PM
 - Session 4: Men (89A kg 109kg+): 14 Lifters
 - SESSION TIME: 5:05 PM 7:15 PM
- LIST OF OFFICIAL FOR EACH SESSION:
 - SESSION 1:
 - Weigh In #1: Sarah Pope 208164
 - Weigh In #2: Allison Gold 194886
 - Referee #1: Mike Graber 139158
 - Referee #2: Allison Gold 194886
 - Referee #3: Ginelle Wynter 197461
 - Marshall: Sarah Pope 208164
 - Assistant Marshall: Alissa Gordon 1004586
 - Speaker: Kayliegh Collins 211634
 - SESSION 2:
 - Weigh In #1: Omar Seleiman: 1030657
 - Weigh In #2: DeShawn Fairbarin 1041328
 - Referee #1: Mike Graber 139158
 - Referee #2: Chris Perez 1029909
 - Referee #3 Michale Mo 1028454
 - Marshall: Ginelle Wynter 197461
 - Assistant Marshall: Alissa Gordon 1004586
 - Speaker: Kayliegh Collins 211634
 - SESSION 3:

- Weigh In #1: Sarah Pope 208164
- Weigh In #2: Allison Gold 194886
- Referee #1: Mike Graber 139158
- Referee #2: Allison Gold 194886
- Referee #3: DeShawn Fairbarin 1041328
- Marshall: Sarah Pope 208164
- Assistant Marshall: Ginelle Wynter 197461
- Speaker: Kayliegh Collins 211634
- o SESSION 4:
 - Weigh In #1: Willie Xu 186661
 - Weigh In #2: DeShawn Fairbarin 1041328
 - Referee #1: Mike Graber 139158
 - Referee #2: Willie Xu 186661
 - Referee #3: Sara Soto 200649
 - Marshall: Ginelle Wynter 197461
 - Speaker: Kayliegh Collins 211634
- Were there any issues that took place in the competition? NO.
- Any potential safe sport violations? NO.
- USADA Drug testing? NO.

EVENT SUMMARY:

It was pretty good. No one died, and people had a good time.

- NYC Championship BEST FEMALE LIFTER Junior Division
 - Lyn Kajihara (55kg) 93 Total
- NYC Championship BEST FEMALE LIFTER Master Division
 - Shannan Wilson (81kg) 154 Total
- NYC Championship BEST FEMALE LIFTER Overall
 - Danielle Sheppard (59kg) 162 Total
- NYC Championship BEST FEMALE LIFTER Brooklyn
 - Kelsey Baumberger (76kg) 146 Total
- NYC Championship BEST FEMALE LIFTER Manhattan
 - Danielle Sheppard (59kg) 162 Total

- NYC Championship BEST FEMALE LIFTER Queens
 - Shannon Dias (87kg+) 163 Total
- NYC Championship BEST FEMALE LIFTER The Bronx
 - o Dorothy Davis (59kg) 129 Total
- NYC Championship BEST MALE LIFTER Junior Division
 - o Gabriel Feliciano (67kg) 172 Total
- NYC Championship BEST MALE LIFTER Master Division
 - o Anthony Cintron (89kg) 182 Total
- NYC Championship BEST MALE LIFTER Overall
 - Fayzullo Nabiyev (81kg) 270 Total
- NYC Championship BEST MALE LIFTER Brooklyn
 - Fayzullo Nabiyev (81kg) 270 Total
- NYC Championship BEST MALELIFTER Manhattan
 - David Volle (89kg) 228 Total
- NYC Championship BEST MALE LIFTER Queens
 - o Randy Triunfel (89kg) 269 Total
- NYC Championship BEST MALE LIFTER The Bronx
 - Nicholas Bader (96kg) 172 Total